



# NO SNOOZE NEWS

**BREAKFAST OPTIMIST CLUB OF KALAMAZOO**

Volume 19, Issue 5  
February 2010



## President's Corner

Week after week our speakers say they are amazed at the energy at our breakfast meetings. They can't quite figure out how people can be so awake at 7:30 am in the morning. And this is not a recent phenomenon.....it has been this way for years.

Really, there is only one explanation: it is because we have great members who believe in what we do. Each Thursday members are excited to see each other and find out how they can help the youth in our community. This fundamental enthusiasm has always been a part of our club and helps us tackle whatever project or activity BOCK decides to pursue.

We have four new members this year, and they are helping keep up the enthusiasm for BOCK in everything we do. These new members will not only help us accomplish our many projects and activities during the year, but they also will provide a base for growth in the future. There may even be a future Club President or Michigan District Governor from our new members. New members give us new enthusiasm and open doors to new opportunities. They are vital to the success of our club.

Do you know someone who would like to get their day off to a good start on Thursdays?

When was the last time you asked a friend or family member to breakfast or a club activity?

When was the last time you brought in a new member?

Yours in Optimism, Terri Norman



## FEBRUARY SPEAKERS AND GREETERS

- February 4 April Goodwin—Positive Behavior Support  
*Greeter: Kate Holaday*
- February 11 Sarah Morgan—ABC's of Marketing  
*Greeter: Pat Weber*
- February 18 Laura—Safe Toys  
*Greeter: Terri Norman*
- February 25 Susan Eckhardt—What's up at KIA?  
*Greeter: Ruth Rowe*

## FEBRUARY BIRTHDAYS



- 8 Val Lippincott
- 14 Terri Norman
- 15 Lyn Lenox
- 17 Julie Howes
- 18 Gina Ciofelli
- 26 Marilyn Gillette

## Chili Cook-Off Results

We all had a great time at this year's Chili Cook-Off. We had around 15 members and guests in attendance. And a special thanks to our hosts, **Cathy and Bob Balik**.



There were five great chilis to sample and the winners were:

- Best Presentation—Dave and Judy McKee
- Most Original—Chris Shults
- Spiciest—Bruce Billedeaux
- People's Choice—Lyn Lenox

Thanks to everyone who participated. Can't wait for next year.

## WEEKLY MEETINGS

Thursdays @ 7:30 A.M.  
Colonial Kitchen  
7617 S Westnedge, Portage MI

## BOCK WEBSITE

[www.bockzoo.org](http://www.bockzoo.org)



## 2009-2010 Board of Directors

President	Terri Norman
President-Elect	Jeanette Meyer
Vice President	Kristi Carambula
Secretary-Treasurer	Linda Ingersoll
Past President	Chris Shults
Finance	Wilma VanLoo
Membership	Lyn Lenox
Youth Activities	Elaine Catlin
Fellowship	Lynn Heckler
Community Service	Helen Horn
Programs & Publicity	Ruth Rowe

## BOARD OF DIRECTORS MEETING

THURSDAY, FEBRUARY 11TH  
5:30 PM  
CHRIS SHULTS' HOUSE

## BOOK CLUB

FEBRUARY BOOK CLUB  
RESCHEDULED  
UNTIL MARCH

## MARCH BOOK CLUB

TUESDAY, MARCH 2ND  
Panera Bread, West Main  
5:30 PM

The book is Snow Falling on Cedars by David Guterson. This is the 2010 Community Read book for Kalamazoo.



## SAVE THE DATES



**March 4**—This year's winners from our local Essay Contest will be presenting their essays to our club during the morning meeting.

**April 1**—Youth Appreciation Day! We will be recognizing youth who have made a difference in our community.



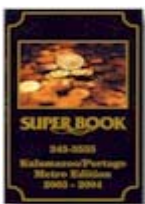
**June 13**—Sixth Annual CCC Golf Outing. Olde Mill Golf Club, Schoolcraft MI. Proceeds go to OI Childhood Cancer Campaign and Camp Catch-a-Rainbow.

**July 20**—The Right Start Party. An evening of entertainment and auctioning of items to raise money to take at-risk youth back to school shopping in August.



## Zone Meeting Rescheduled

Thank you to those members who were able to attend the Zone Meeting on such short notice. We were originally scheduled for February 9th but the meeting got moved forward to February 2nd. BOCK was well represented with eight members in attendance at Brewster's Pub in Portage. Some of the Battle Creek clubs also had members participate. The next Zone Meeting is scheduled for May 4th at the Hunt Club in Battle Creek.



## Super Books Available!

2010 Super Books are ready for you to sell. Did you purchase one for yourself? There's over \$900 in savings. The cost is \$39.00 and supplement books for surrounding areas are \$1.00 (with purchase of a Super Book). Every book sold benefits our Youth Fund. If you would need a supply of books to sell or just need to purchase one for yourself, please contact **Ralph Meyer** at [mrgrumpypants29@aol.com](mailto:mrgrumpypants29@aol.com). Every little bit helps. Thanks for supporting our club!



## President's Day— Monday, February 15th



## Our Newest Member—Jeff Daane

Please welcome **Jeff Daane** as our newest member to BOCK. His sponsor is **Pat Weber**. Jeff is a firm believer of community involvement and has been active with Pretty Lake Camp for over 20 years. He enjoys outdoor activities such as sailing, whitewater rafting, and biking.

*Welcome to BOCK!*

## St. Patty's Day— Parade & Green Ice Game



BOCK loves St. Patrick's Day and all the festivities we can partake in. This year we would like to participate in the St. Patrick's Day Parade on the Downtown Mall. It is Saturday, March 13 at 11:00 a.m. Parade line-up starts at 10:00 a.m. We are looking for at least 10 people to walk the route. The more people we have at the parade to represent BOCK, the better we will look. If you are interested in walking or have some fun parade ideas (costumes, hand-outs, accessories, etc.) please contact **Jeanette Meyer** at [jamjar20@aol.com](mailto:jamjar20@aol.com).

What other way to celebrate an Irish holiday but watch hockey on green ice and drink green beer with friends? That's right folks, BOCK will be attending the annual K-Wings Green Ice Game at Wings Stadium on Wednesday, March 17 (St. Patrick's Day). Game time is 7:00 p.m. against the Wheeling Nailers. We have reserved a block of 20 tickets at a cost of \$15.90 per ticket. We are circulating a sign-up sheet at the weekly meetings if you are interested. Please make checks payable to BOCK and money must be turned in by February 25th. If you are not able to sign-up at a morning meeting but would like to attend the game, please contact **Lynn Heckler** at [lheckler@kresa.org](mailto:lheckler@kresa.org).



## Second Quarter Michigan District Optimists Meeting

Nine BOCK members have signed up to attend the Second Quarter Michigan District Optimists Meeting at Wayne County Community College in Belleville on Saturday, February 20th. The highlight of this meeting will be the presentation of awards to clubs and members for outstanding achievements during the 2008-2009 Optimist year. Immediate Past Governor Mike Seltzer will be making the presentations. Hopefully BOCK will bring back something to brag about at the following weekly meeting. Even if we don't, we all know that our club ROCKS the Michigan District and we should all be proud to be a member.



## Rocky Mountain High Denver 2010

Have you made plans for a summer vacation? Have you ever been to the "Mile High City" or know where it is? Wish you could broaden your knowledge about Optimism as a way of life?

If you were planning on attending the 92nd Annual Optimist International Convention this year in Denver, Colorado over July 8-10 then you would have these answers. "It's the perfect blend of outdoor adventure and urban sophistication" and it's not too late to sign-up. Early Bird registration doesn't end until Saturday, May 1st but hotel rooms are limited. The Convention will be held at the Sheraton Denver Downtown Hotel.

The Optimist International Convention combines informative break-out sessions and leadership training with time for sight-seeing and relaxation. For more information on conference registration, hotels, flights, tentative agenda, and other activities please refer to your Optimist magazine or go online to [www.optimist.org](http://www.optimist.org).

### It's Time to Laugh

There are two cowboys in the kitchen. Which one's the real cowboy?

*The one on the range.*

Where do you find a one legged dog?

*Where you left it.*

What did the stamp say to the envelope on Valentine's Day?

*I'm stuck on you.*

What kind of flowers do you never give on Valentine's Day?

*Cauliflower.*

Why do you have to "put your two cents in" but it's only "a penny for your thoughts"? Where's the extra penny going to?

## The Optimist Creed

### Promise Yourself ~

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



**OPTIMIST  
INTERNATIONAL**

*By providing hope and positive vision,  
Optimists bring out the best in kids.*

*-Optimist Mission Statement*